

Name: _____

Procedure: _____ Anesthesia: Y N

Your procedure is scheduled to be performed on _____

Please call the day before to receive arrival time (440) 585-2750.

Willoughby Surgery Center

Failure to follow these instructions may result in the cancellation of your procedure.

1. It is very important to remember that you must have someone to drive you home after the procedure, or it will not be done.
 2. Bring with you:
 - Completed patient questionnaire, signed
 - Demographic sheet, signed
 - Advanced Directive/Living Will form signed
 - Patient Rights/Responsibilities, signed
 - Privacy practices form (HIPAA) signed
 - Privacy policy-signed
 3. If you are having anesthesia services:
 - a) If your procedure is in the **AM** -
Eat a large lunch the day before, and then a light supper no later than 7 pm.
You can drink clear liquids up to 11 pm, and take your morning medications, if needed, with a sip of water.
 - b) If your procedure is in the **PM** -
You can eat your normal meals the day before, and try to have a small evening snack, before 11 pm. You can drink clear liquids until 4 AM, and can take your morning medications, if needed, with a **sip** of water. You can have small sips of water throughout the morning if needed.
 - c) If you are a diabetic and take oral hypoglycemic medications do **not** take your diabetes medication the morning of the procedure. If you take injected insulin, take only 1/2 of your dose of insulin on the morning of the procedure.
 - d) All blood pressure medication should be taken with a **sip** of water in the morning before the procedure, **except diuretics** (water pill).
 4. If you are **not receiving anesthesia**:
 - a) Take your medications with liquids in the morning, unless instructed otherwise.
You can eat a light meal up to 4 hours before your procedure. You can have clear liquids up to 2 hours before your procedure.
 - b) If you have diabetes, eat a light meal (breakfast or lunch) 3 hours before your procedure, and take 1/2 of your insulin or oral medication that morning.
 5. **To everyone:** If you take Aspirin, Plavix, Coumadin or any other blood thinner you need to stop these 5 day before the procedure unless otherwise instructed by your physician. Failure to stop blood thinners may result in cancellation of your procedure.
 6. A nurse from the center will be contacting you within one week of your scheduled surgery.
- Other Instructions: _____

If you have additional questions, you can call Willoughby Surgery Center at (440) 585-2705. Please bring this pre-procedure instruction sheet with you on the day of your procedure. If you must cancel your procedure for whatever reason, Please notify Willoughby Surgery Center at least 48 hours in advance.